

FLOWER MOUND HIGH SCHOOL COUNSELING DEPARTMENT

**SENIOR INFORMATION FOR COUNSELOR RECOMMENDATION
STUDENT FORM**

All seniors requesting letters of recommendation must complete this form at least two weeks prior to the deadline.

NAME _____			ID# _____			E-mail Address _____		
DOB _____			# children at home _____			# children in college _____		
Father's Name _____			Occupation _____					
Mother's Name _____			Occupation _____					
I am living with _____			Both Parents _____			Mother _____		
						Father _____		
						Other _____		
Colleges that interest you:								
1. _____			3. _____					
2. _____			4. _____					
Careers & College Majors that interest you:								
1. _____			3. _____					
2. _____			4. _____					

Signature for permission to supply score (ACT, SAT, PSAT) info on applications								

Answer the following questions as thoroughly as possible; use additional sheets if necessary. Your counselor will use this information when writing your recommendation. Please write in complete sentences.

Academic:

1. What two or three (academic & personal) accomplishments are you most proud of and why?

2. What do you see as your greatest academic strengths? Weaknesses? Give specific examples.

3. Of all the classes you have taken in high school, which have you enjoyed most and why?

4. Which has been the most difficult for you and why did you take it?

5. What do you see as your greatest personal strengths? Weaknesses? Give specific examples.

6. What has been your best contribution to this campus?

7. List three adjectives you would use to describe yourself and explain why.
- _____
 - _____
 - _____
8. List at least two FMHS teachers or staff members who know you well and who can speak confidently about your academic ability. What adjectives do you think each would use to describe you? Why?
9. Discuss anything else that you consider special or unique about yourself, something that might not otherwise be known about you.

School Activities & Accomplishments:

If you have a resume that includes this information, just attach it rather than completing this section. Be sure to include any leadership positions you have held.

<p>9th</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>10th</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>
<p>11th</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>12th</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>

Out of School Activities: Include religious activities, clubs, sports, travel, etc.

Work/Volunteer Experience:

Employer	Dates	Job Description
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Special Hobbies / Interests:

PERSONAL AND EDUCATIONAL INTERESTS

If you could change one thing about your high school experience, what would it be? Why would you change it, and how?

Who has had the greatest influence on you? Why?

Have there been any extenuating circumstances or situations that have affected your grades in high school? If so, please explain.

Optional Personal Information: Admission to college and receiving financial aid is often affected by family circumstances and financial need. Please describe any family circumstances, personal issues or financial concerns you wish to share. This information will be kept confidential.